

OPAL SPA

REEFHUSE RESORT & MARINA

Journeys

SIGNATURE BLISS ⌚ 120 MIN \$285

Indulge in an invigorating, skin-smoothing body exfoliation, followed by a full-body massage with organic lavender oil and warm healing stones. Then, relax inside a warm cocoon as you enjoy a luxurious foot and pressure point face and scalp massage.

ESCAPE ⌚ 120 MIN \$285

Unwind with a customized full-body signature massage. This treatment includes the Customized Deep Cleanse facial for an overall purifying, restorative experience.

REPLENISH ⌚ 90 MIN \$220

This nourishing treatment begins with an invigorating lymphatic dry brush exfoliation and is followed by a therapeutic full-body massage, hydrating wrap, and targeted acupressure rituals with warm stones.

REVITALIZE ⌚ 90 MIN \$220

Enjoy a personalized massage designed to alleviate tightness and tension by blending stress-reducing techniques with focused deep muscle relief. A relaxing scalp and face massage along with a rejuvenating foot scrub and acupressure foot massage complete this head-to-toe luxury experience. Includes warm stones for feet and back.

Massage

TRADITIONAL ⌚ 30 / 60 MIN \$75 / \$130

Swedish massage starting with light touch, flowing strokes, and gentle transitions designed to warm and relax muscles while building up to medium pressure.

SIGNATURE ⌚ 30/60/90 MIN \$85 / \$150 / \$200

A personalized massage based on what your body needs allowing you and your technician to combine any of our available therapies into a customized treatment.

THERAPEUTIC ⌚ 30/60 MIN \$85 / \$150

This area specific massage is designed to help relieve pain, reduce stress, and work on a specific problem using just the right amount of pressure to meet your individual needs. This is not a full-body massage.

DEEP ⌚ 60/90 MIN \$170 / \$230

This therapeutic treatment aims at the deeper tissue structures of the muscles and connective tissue. This treatment uses slow focused, medium to firm pressure to release chronic muscle tension and joint pain.

STONE ⌚ 60/90 MIN \$160 / \$210

This treatment combines soothing massage with smooth, warm basalt stones to bring increased circulation and relief to sore, tense and aching muscles.

PRENATAL ⌚ 60 MIN \$160

This gentle massage is designed to promote a healthy pregnancy, using a special bolster and specific techniques for the mother-to-be. You must be beyond your first trimester to enjoy this service.

All massage and body treatments can be performed as couples treatments, except the *Signature Bliss* and *Botanical Crush*.

Body Treatments

BOTANICAL CRUSH SCRUB ④ 60 \$145

A combination of sugar, salt, and organic shea infusion blends with intuitively-selected aromatherapy for a customized, full-body exfoliation.

AROMA PARADISE WRAP ④ 60 \$145

This treatment begins with an invigorating full-body dry brush. Then luxuriate in a comforting, cocooning body wrap with a blend of carefully chosen aromatherapy oil and a hydrating body crème, all while you are treated to a facial massage.

QUENCHING ALOE WRAP ④ 60 \$145

A deluxe hydrating body wrap includes a luxurious scalp and neck massage, along with an invigorating foot treatment. Great for dry or sunburned skin.

MASSAGE & BODY ENHANCEMENTS

HOT STONES \$20

Melt tension and enhance relaxation by adding warm stones targeted to one area of the body.

HOT OIL HAIR & SCALP THERAPY \$25

This warm and hydrating treatment is applied with a massage-like technique to rejuvenate the hair and scalp.

HEAD, NECK & SHOULDERS ④ 30 \$70

Targeted treatment with acupressure and aromatherapy to clear the mind, promote relaxation, and ease stiffness.

ULTIMATE FOOT RITUAL ④ 30 \$70

Exfoliation and stress-relieving pressure points for the feet relax your body and uplift your mood.

Facial Treatments

CUSTOMIZED DEEP CLEANSE ④ 60 \$150

Purifying treatment that includes a skin-renewing peel, stimulating facial massage, personally-selected masque, and rejuvenating hand and nail treatment.

MEN'S SKIN MANAGEMENT ④ 60 \$160

Deep-cleansing, therapeutic facial designed for a man's specific skin care needs. Features a muscle-easing massage and refining masque.

ADVANCED BRIGHTEN & REPAIR ④ 90 \$200

Customized treatment that includes deep-cleansing massage, exfoliation of face, neck, décolleté and hands, and intensive masque and serum to target specific skin concerns such as fine lines, hyperpigmentation, congestion and sensitivity.

MARINE ANTI AGING ④ 90 \$200

Ultimate treatment for the face, hands and décolleté refines, lifts, firms and nourishes the skin with protein-rich caviar. Powerful antioxidants, gentle enzyme peel, unique peel-off masque and contouring Acu-Lift massage dramatically improve texture, tone and radiance.

FACIAL ENHANCEMENTS

ADVANCED AMPOULES \$15

Concentrated serums, active ingredients, instant results.

GUA SHA \$15

Unique detoxifying and beautifying facial massage using Jade stones to instantly smooth, firm and lift the skin.

INTENSIVE EYE TREATMENT \$20

Specialized to target the delicate eye area, reducing puffiness, dark circles, fine lines and wrinkles.

LIFT & CONTOUR ④ 30 \$50

Soft-wave microcurrent technology from NuFACE improves facial contour, skin tone and neck area.